

small plates

WOK CHARRED CAULIFLOWER GF/V
Tahini, Amaro Raisins, Toasted Pepitas &
Pickled Peppers 8

FRIED GUACAMOLE GF/V Ancho Beans,
Vegan Crema, Arbol Salsa, Tortilla Chips,
Toasted Pepitas & Pico de Gallo 10 add bacon
(+3)

FALAFEL GF/V Hummus & Pickles 7

TOSTONES GF/V Fried Plantains, House
Salsas & Lime 7 add guac (+3)

CRISPY FINGERLINGS GF/V Zeal Pesto &
Sea Salt 6

MUSHROOM CRUDO GF/V Pear, Carrot,
Date, Lentil, Fried Leeks & Arbol Crema 11

GNOCCHI AL CACIO E PEPE
Sweet Potato, Brussel Sprout Leaves, Roasted
Tomato, Lemon, Cracked Pepper & Pecorino 13
add chx (+5)

salads

CONSCIOUS KALE GF/V Pickled Carrots,
Lentils, Mungbeans, Beets, Candied Walnuts &
Apricot Tahini Vinaigrette 11 add falafel (+3)
add avo (+3)

WARM BRUSSELS SALAD GF/V Sweet
Potato, Quinoa, Pear, Mixed Greens & Lemon
Vinaigrette 11 add Sockeye Salmon (+7)

ROASTED BUTTERNUT SQUASH SOUP GF/V
Chimmichuri, Goat Cheese, Pepitas 8

seasonal plates

ROASTED CHICKEN BREAST GF
Roasted Brussel Sprouts, Toasted Almond
Gremolata, Black Beans & Salsa Verde 20

ROASTED WHOLE RAINBOW TROUT GF
Chimichurri, Mung Bean Risotto, Grilled Pear,
Watermelon Radish & Fried Onion 24

VEGAN CHILI RELLENO V/GF
Roasted Red Pepper, Tri-Colored Quinoa,
Roasted Winter Vegetables, Tomato Fondue &
Cashew "Ricotta" 17

handhelds

ZEAL BURGER Smoked Paprika Aioli,
House Zucchini Pickles & a Brioche Bun
Fingerlings or Salad 16
add cheese (+2) add Bacon (+2) (GF Bun
Option+1.50)

VEGGIE SANDWICH V Lemon Aioli, Tomato,
Avocado, Pickled Red Onion, Vegan Brioche Bun
Fingerlings or Salad 13 add cashew cheese (+2) add
bacon (+2) (GF Bun Option+1.50)

AVOCADO TOAST V Cashew "Ricotta", Lentils,
Mungbean, Sliced Tomato, Toasted Pepitas & House
Herb Oil 12 add pickles (+2) add bacon (+2)

TACOS de POLLO GF Braised Chipotle Chicken
Thighs, Chopped Olives, Kimchi Slaw & Romesco 12
add guac (+3) add house salsas (+3)

PORK REUBEN Braised Pork Shoulder, Drea's Spicy
Mustard, Zucchini Pickle, Charred Brussel Leaves &
Toasted House Bread. Fingerlings or Salad 13

bowls

RAINBOW CURRY GF/V Roasted Vegetables,
Brown Rice, Green Onion, Lemongrass, Coconut &
Ginger 15 add tofu (+3) add chx (+5) Sockeye
Salmon (+7)

VEGAN 'MAC & CHEESE GF/V Penne Pasta,
Roasted Mushrooms, Cashew Cheese, Herb Pesto &
Walnut Parmesan 16 add tofu (+3) add chx (+5)

ZEAL BEEF BRAISE GF
House Massaman Curry, Roasted Carrots,
Fingerling Potatoes, Chili Lime Cashews & Herbs
22

TOFU BOWL GF/V Lemongrass Marinated Tofu,
House Ferments Basil, Watermelon Radish,
Pineapple & Cashew Fried Rice 15

POZOLE Roasted Chicken, Avocado, Oaxacan Blue
Corn, Pepitas, Lime 15



brunch

BREAKFAST BURRITO Ancho Beans, Spinach, Quinoa, Scrambled Eggs, Greens & Salsa Verde 9

BUTTERMILK BISCUIT SAMMY Scrambled Eggs, Sausage, Aged Cheddar, Sliced Tomato & Smoked Paprika Aioli, Greens 8

BYO OMELET GF Add three items of your choosing, plus 1.50 for additional items 10
Add Ons: ancho beans, spinach, quinoa, tofu scramble, aged cheddar, sausage, bacon, avocado, tomato

HASH EGGS BENEDICT GF Fingerling Potato, Sautéed Spinach, Maple Pepper Bacon, Pickled Red Onion & Jalapeno Hollandaise 12

TOFU BOWL SCRAMBLE GF/V Roasted Sweet Potato, Cashew "Ricotta," Kale & Black Bean Pico De Gallo 13 add avo (+3)

TOASTED OAT & CINNAMON PANCAKES GF Seasonal Jam, Coconut Whip, House Granola & Maple Syrup 11

BANANA BREAD FRENCH TOAST-GF Candied Walnuts, Coconut Whip, House Granola & Maple Syrup 11

Sides:

bacon 4 sausage 4 breakfast potatoes 4
two eggs any style 4 toast & housemade jam 4

organic smoothies

BERRY GOOD Mixed Berries, Banana, Pineapple & Zeal Orange Juice 10

CARROT CAKE Carrot, Banana, Ginger, Date, Cashew, Cinnamon & Coconut Milk 10

GREEN MACHINE Spinach, Kale, Avocado, Ginger, Chia, Cinnamon, Date, Almond, Hemp or Coconut Milk 10

MOTHER EARTH Blueberries, Acai, Banana, Peanut Butter, Coconut Oil, Hemp Hearts, Chia, Cacao Nibs & Almond Milk 11

BRASS MONKEY Banana, Almonds, Peanut Butter, Maca & Almond Milk 11

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FRIED GUACAMOLE GF/V Ancho Beans, Vegan Crema, Arbol Salsa, Tortilla Chips, Toasted Pepitas & Pico de Gallo 10 add bacon (+3)

CONSCIOUS KALE GF/V Pickled Carrots, Lentils, Mungbeans, Beets, Candied Walnuts & Apricot Tahini Vinaigrette 11 add falafel (+3) add avo (+3)

WARM BRUSSELS SALAD GF/V Sweet Potato, Quinoa, Pear, Mixed Greens & Lemon Vinaigrette 11

ZEAL BURGER Smoked Paprika Aioli, House Zucchini Pickles & a Brioche Bun, Fingerlings or Salad (GF Bun Option) 16 add cheese (+2) add Bacon (+2)

VEGGIE SANDWICH GF/V Lemon Aioli, Tomato, Avocado, Pickled Red Onion, Vegan Brioche Bun Fingerlings or Salad 13 add cashew cheese (+2) add bacon (+2)

AVOCADO TOAST V Cashew "Ricotta", Lentils, Mungbean, Sliced Tomato, Toasted Pepitas & House Herb Oil 12 add pickles (+2) add bacon (+2)

VEGAN 'MAC & CHEESE GF/V Penne Pasta, Roasted Mushrooms, Cashew Cheese, Herb Pesto & Walnut Parmesan 16 add tofu (+3) add chx (+5)

RAINBOW CURRY GF/V Roasted Vegetables, Brown Rice, Green Onion, Lemongrass, Coconut & Ginger 15 add tofu (+3) add chx (+5)

acai bowls sm. 9 lg. 16

BRAZIL Granola, Walnut, Banana, Local Honey

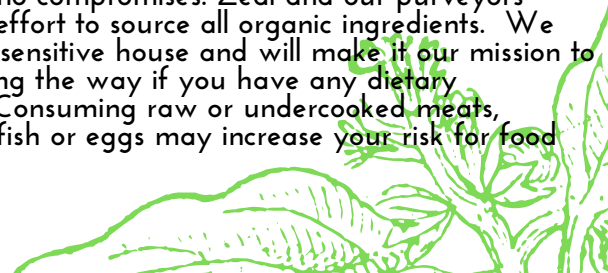
KONA Coconut, Pineapple, Banana, Cashews

INCA Maca, Kale, Cacao Nibs, Hemp Hearts

PINEKI Swirl of Peanut Butter, Banana, Almonds, Honey

ZEAL Topped with Zeal Granola, Pineapple, and Seasonal Fruit

No GMO's, no compromises. Zeal and our purveyors make every effort to source all organic ingredients. We are a gluten sensitive house and will make it our mission to help you along the way if you have any dietary restrictions. Consuming raw or undercooked meats, poultry, shellfish or eggs may increase your risk for food borne illness.



booze

IT'S PEAR THYME 9

Cap Rock Gin, Ginger Liqueur, Pear Puree, Agave, Lemon, Thyme

COVID 5 DOLLAR MARGARITA 5

Sauza Blue, Triple Sec, Lime, Lemon, Pineapple, Salt

LEMONDER LOVE 9

Cap Rock Vodka, Lavender Simple, Lemon, Soda

CULTURED OLD FASHIONED 10

Templeton Rye, Muddled Orange, Cherry, Kombucha

NOT YOUR AVERAGE JOE 10

Brandy, French Press Liquor, Organic Cold Brew,

Organic Coconut Creamer

NEGRONI 9

Cap Rock Gin, Campari, Sweet Vermouth

MIMOSA 8

LOCAL BEER 7

avery, o'dell, breckenridge,
tommyknocker, hollidaily-gf

WILD BASIN 7

lime, lemon agave, cucumber, peach,
melon basil

MEXICAN LAGER 5

HOUSE WINE 9

pinot noir, cabernet, malbec, red blend,
rioja

pinot grigio, sauvignon blanc,

chardonnay, prosecco

LING ELIXIRS 8

aphrodisiac, ecstasy

beverages

COLD PRESSED JUICE 9

not so orange: pineapple, green apple, cucumber, carrot, lemon & basil

red: beet, green apple, lime, ginger

green: kale, cucumber, celery, lemon, ginger

sunkissed: pineapple, cucumber, lemon

sweet green

FRESH SQUEEZED OJ 6

LAVENDER LEMONADE 4

ICED TEA 4

ZEAL KOMBUCHA 4

ORGANIC COFFEE 4

KICKSTARTER COFFEE 5

COLD BREW COFFEE 5

GOLDEN MYLK 5

TOPO CHICO 3

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sweets

CHIA PARFAIT GF/V

Organic Blueberries, Almond Butter,
Seasonal Fruit Jam, House Granola &
Maple 6

CASHEW CHEESECAKE GF/V

House Granola, Spiced Pineapple Jam 8

CHILLED CHOCOLATE TORTE

GF/V

Toasted Oat & Almond Crust, Coconut
Whip & Toasted Coconut 8

BLUEBERRY CRANBERRY BUNDT CAKE

GF

Lavender Lemon Orange Glaze 8

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Kids Menu \$8

Kids Chicken - g.f.

Grilled Chicken Thigh, Brown Rice, Broccoli, Organic Ketchup

Kids Mac & Cheese - vegan and g.f.

G.F. Pasta with Cashew Cheese Sauce

Grilled Cheese - vegetarian

House Bread with White Cheddar, Crispy Fingerlings, Organic Ketchup

Corn Chip Nachos - vegetarian and g.f.

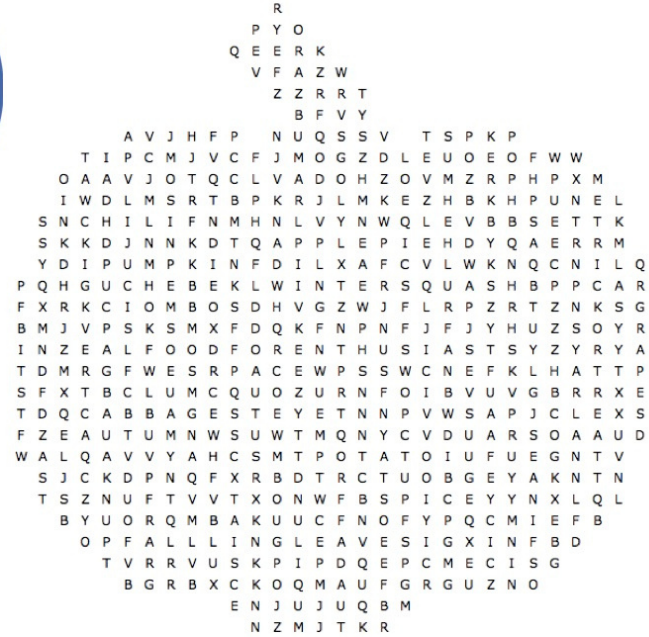
Cheese, Mild Salsas, Avocado. Add Chicken (+4)

Tofu Plate

Marinated Tofu, Brown Rice, Broccoli, Organic Ketchup

Chocolate Monkey Smoothie (10 oz) \$6

Peanut Butter, Banana, Cacao Powder, Almond Milk



Please notify your server of any food allergies.

Can you find the Autumn-themed words?

- ACORN
- APPLE PIE
- AUTUMN
- CABBAGE
- CHILI
- FALLING LEAVES
- GRAPES
- PEAR
- PEPPER
- POTATO
- PUMPKIN
- SPICE
- TRICK OR TREAT
- WINTER SQUASH
- ZEAL FOOD FOR ENTHUSIASTS

