



Whole fresh ingredients, all out in the open, free of the bad stuff and full of zeal.

organic cold pressed juices

	SM	LARGE
GREEN kale, cucumber, celery, lemon, ginger	6.5	9
NOT SO ORANGE carrot, pineapple, cucumber, apple, lemon, basil		
RED beet, apple, ginger, lime		
PINK watermelon, lime, mint		
JUICE FLIGHT a short pour of our daily juices		8
CLEANSE SHOT ginger, apple cider, lemon, turmeric, cayenne	3.5	

organic smoothies 9

- BERRY GOOD
mixed berries, banana, pineapple, zeal "orange" juice
- BRASS MONKEY
banana, almonds, peanut butter, maca, almond milk 🥜
- CARROT CAKE
carrot, banana, ginger, turmeric, date, cashew, cinnamon, coconut milk 🥜
- GREEN ALKALIZER
spinach, kale, avocado, ginger, chia, cinnamon, dates, with green juice, almond, hemp or coconut milk 🥜
- MOTHER EARTH
blueberries, açai, banana, peanut butter, coconut oil, hemp, chia cacao nibs, almond milk (optional: coffee beans) 🥜
- PB&J
peanut butter, berries, banana, zeal "orange" juice, coconut milk 🥜
- PRO-T SHAKE
chocolate maca protein powder, sweet potato, banana, cherry, apple, peanut butter, almond milk 🥜

add to any açai bowl or smoothie

<u>FRUIT & VEG</u> 2.0	<u>OTHER GOODIES</u> 1.5
banana berry mix dates kale	zeal granola 🥜 cacao nibs coconut shreds peanut butter 🥜
pineapple avocado apricot	honey almonds 🥜 ginger
<u>SUPER FOODS</u> 1.5	
chia maca cacao powder flax	hemp nuts hemp powder spirulina Sprouted Living EPIC protein powder -chocolate maca or vanilla lucuma

coffee, tea, & hot drinks

FRENCH PRESS CAFE organic coffees artfully roasted by Boulder's own Silver Canyon Roasters	4
TWO LEAVES AND A BUD TEA an organic selection including: Assam Breakfast - amber color with malty notes Tropical Green - whole leaf green Energize - orange and pineapple with green leaves Detox - earthy rooibos with spice and mixed berries Invigorate - lemongrass and mint with a zesty citrus aroma Hydrate - herbal blend sweet/tart fruit and mint	4

KICKSTARTER COFFEE Silver Canyon Roaster's Sumatra blended with grass-fed butter and organic virgin coconut oil	4
ICED MATCHA LATTE matcha tea, coconut milk, honey	5
ICED CHAI with coconut milk, touch of cane sugar	5
SIPPING CHOCOLATE dark chocolate and filtered water with a side of coconut whip and cane sugar to adjust to your taste	4
GOLDEN MYLK turmeric, coconut milk, coconut oil, honey, pepper	5

non-alcoholic bevs

ICED TEA [with a complimentary refill] Regular Black, Tropical Green	4
ARNOLD PALMER 1/2 either of our organic iced teas, 1/2 house lemonade	4
COCONUT WATER a terrific thirst quencher and electrolyte replacer	4
GINGER BEER spicy and refreshing, also blends so well with our house spirits	4
ZEAL KOMBUCHA organic green tea & honey flavor your kombucha sidecar of ginger, red juice or orange juice for +1	4

açai bowls [ah-sigh-EE] v

	SM	LARGE
BRAZILIAN granola, Brazil nuts, bananas, local honey 🥜	8.5	16
KONA topped with coconut, pineapple, banana, cashews 🥜		
INCA maca, kale, cacao nibs, hemp nuts		
PINEKI swirl of peanut butter, with banana, almonds, honey 🥜		
GRINGO topped with zeal granola, pineapple and berries 🥜		
Or BYOB build it your way with any of our ingredients	6	13



A little bit of tradition
 a little bit of originality,
 and a whole lot of Zeal!

craft beer

Herman Joseph German-Style Lager Sandlot Brewing, Denver CO	7
Thai Trippel Ale (10 oz pour) - gluten removed - Spice Trader Brewing, Arvada CO	6
Chocolate Shake Porter on Nitro Boulder Beer Company, Boulder CO	7
Bellyslide Belgian White Sandlot Brewing, Denver CO	7
Green Bullet IPA Asher Brewing, Boulder CO	7
Barmen Pilsner Sandlot Brewing, Denver CO	7

signature cocktails

BEETS ME St. George pear brandy, tropical green tea, beet, ginger, lemon, lime and agave	12
BLOOD ORANGE MARG Sauza blue tequila, Solerno blood orange liqueur, lemon-lime simple	11
BASIL AÑEJÓ DAIQUIRI served up, with Brugal 1800 rum, lime, basil simple	10
COOL AS A CUCUMBER Breckenridge gin, dill, cucumber, lemon-lime simple	10
THE FORAGER served up, with Breckenridge gin, lavender and raspberry liqueurs, lemon simple	11
NEW FASHIONED Reposado tequila, orange, bitters, brandied cherry	12
PORT ROYAL MISCHIEF Coconut rum, zeal "orange" juice, coconut, pineapple, soda	10
THATS MY JAM Brugal rum, strawberry, blueberry, raspberry, mint, simple syrup, soda	10
VAN GOGH MULE Traditional or your choice of 5 vodka flavors, with Fentimans ginger beer	9
WATERMELON JULEP House Watermelon juice with mint and lime	9

wine - by the glass and bottle

	GLASS	BOTTLE
BUBBLES		
Arte Latina Cava, ESP	7	25
Jeio, Prosecco IT	9	36
WHITE		
La Vielle Ferme Blanc, Cote du Ventoux FR	7	28
Giocato Pinot Grigio, Brda SL	8	32
Pratsch Gruner Vetliner, Neiderosterreich AT	8	32
Telmo Rodriguez Basa, Rueda ES	9	36
Treana Blanc, Central Coast CA		36
Le Charmel Rose, Provence FR	9	
Mohua Sauv Blanc, Marlborough NZ	9	
Santa Barbara Chardonnay, SB CA	10	40
Gradis Cuitta Ribola Gialla, Friuli IT		42
Buglioni Il Disperato, Igp IT		42
Graci Etna Bianco, Sicily IT		55
RED		
La Vieille Ferme Rouge, FR	7	28
Marques de Caceras, Rioja ES	9	36
Tahuan Malbec, Mendoza AR	9	36
Vinum Pinot Noir, Monterey CA	10	
Liberty School Cabernet, Central Coast CA	10	
Decendants de Jose Palacios, Bierzo ES		39
Dettori Renosu Rosso, Sardegna IT		42
Chamonix Rouge, Fransshhoek SA	11	44
Caparzo Rosso di Montalcino, IT	12	45
Maeli Rosso Ifinito, Veneto Igp IT	13	46
Pallus Le Pensees, Chinon FR		52
Elk Cove Pinot Noir, Willamette Valey OR		54
Starmont Cabernet, Napa CA	17	64
PORTS AND DESSERT WINE		
Graham's Six Grapes Reserve Ruby, PT	8	
Quinta de Noval 10yr Tawny, PT	10	
Royal Tokaji Late Harvest Riesling, AT	9	
Chateau Laribotte Sauterne, FR	9	