



Whole fresh ingredients, all out in the open, free of the bad stuff and full of zeal.

### organic cold pressed juices

	SM	LARGE
RED beet, apple, ginger, lime	6.5	9
GREEN kale, cucumber, celery, lemon, ginger		
ORANGE carrot, pineapple, cucumber, apple, lemon, basil		
JUICE FLIGHT a short pour of our daily juices	8	
CLEANSE SHOT	3.5	

### organic smoothies 9

- BERRY GOOD  
mixed berries, banana, mango, pineapple, carrot, cucumber, lemon
- BRASS MONKEY  
banana, almonds, peanut butter, maca, almond milk 🥜
- PRO-T SHAKE  
chocolate maca protein powder, sweet potato, banana, cherry, apple, peanut butter, almond milk 🥜
- GREEN ALKALIZER  
spinach, kale, avocado, ginger, chia, cinnamon, dates, with green juice, almond, hemp or coconut milk 🥜
- GOLDEN SUNRISE  
pumpkin, banana, ginger, turmeric, date, cashew, cinnamon, coconut milk 🥜
- MOTHER EARTH  
blueberries, açai, banana, peanut butter, coconut oil, hemp, chia cacao nibs, almond milk (optional: coffee beans) 🥜

### add to any açai bowl or smoothie

<u>FRUIT &amp; VEG</u>	2.0	<u>OTHER GOODIES</u>	1.5
banana	pineapple	zeal granola 🥜	honey
berry mix	avocado	cacao nibs	almonds 🥜
dates	apricot	coconut shreds	ginger
kale		peanut butter 🥜	
<u>SUPER FOODS</u>	1.5		
chia	hemp nuts		
maca	hemp powder		
cacao powder	spirulina		
flax	Sprouted Living EPIC protein powder		
	-chocolate or vanilla flavor		

### coffee, tea, & hot drinks

FRENCH PRESS CAFE organic coffees artfully roasted by Boulder's own Silver Canyon Roasters	4
TWO LEAVES AND A BUD TEA an organic selection including:	4
Assam Breakfast - amber color with malty notes	
Tropical Green - whole leaf green	
Energize - orange and pineapple with green leaves	
Detox - earthy rooibos with spice and mixed berries	
Invigorate - lemongrass and mint with a zesty citrus aroma	
Hydrate - herbal blend sweet/tart fruit and mint	
KICKSTARTER COFFEE Silver Canyon Roaster's Sumatra blended with grass-fed butter and organic virgin coconut oil	4
MATCHA LATTE matcha tea, coconut milk, honey	5
SIPPING CHOCOLATE 100% cacao and filtered water with a side of coconut whip and cane sugar to adjust to your taste	4
GOLDEN MYLK turmeric, coconut milk, coconut oil, honey, pepper	5

### non-alcoholic bevs

ICED TEA [with a complimentary refill] Regular Black, Tropical Green	4
ARNOLD PALMER 1/2 either of our organic iced teas, 1/2 house lemonade	4
COCONUT WATER a terrific thirst quencher and electrolyte replacer	4
FENTIMANS GINGER BEER spicy and refreshing, also blends so well with our house spirits	4
ZEAL KOMBUCHA organic green tea & honey flavor your kombucha sidecar of ginger, red juice or orange juice for +1	4

### açai bowls [ah-sigh-EE] v

	SM	LARGE
BRAZILIAN granola, Brazil nuts, bananas, local honey 🥜	8.5	16
KONA topped with coconut, pineapple, banana, cashews 🥜		
INCA maca, kale, cacao nibs, hemp nuts		
PINEKI swirl of peanut butter, with banana, almonds, honey 🥜		
GRINGO topped with zeal granola, pineapple and berries 🥜		
Or BYOB build it your way with any of our ingredients	6	13



A little bit of **tradition**  
 a little bit of **originality**,  
 and a whole lot of **Zeal!**

## craft beer

Herman Joseph German-Style Lager Sandlot Brewing	7
Thai Trippel Ale Spice Trader Brewing	8
Chocolate Shake Porter on Nitro Boulder Beer Company	7
Belly slide Belgian White Sandlot Brewing	7
Frontman IPA Black Shirt Brewing	7
Barmen Pilsner Sandlot Brewing	7

## signature cocktails

NEW FASHIONED Reposado tequila, orange, bitters, brandied cherry	12
PORT ROYAL MISCHIEF Coconut rum, zeal "orange" juice, coconut, pineapple, soda	10
COOL AS A CUCUMBER Breckenridge gin, dill, cucumber, lemon-lime simple	10
THATS MY JAM Brugal rum, strawberry, blueberry, raspberry, mint, simple syrup, soda	9
BONNY BLATH Bushmills whisky, kombucha, lemon, sage simple	10
BLOOD ORANGE MARG Sauza blue tequila, Solerno blood orange liqueur, lemon-lime simple	10
BEETS ME St. George pear brandy, tropical green tea, beet, ginger, lemon, lime and agave	12
LAVENDER ISLE Bushmills whiskey, Wild Moon lavender liqueur, black tea, lemon, simple	9
VAN GOGH MULE Traditional or your choice of 5 vodka flavors, with Fentimans ginger beer	8

## wine - by the glass and bottle

	GLASS	BOTTLE
<b>BUBBLES</b>		
Arte Latina Cave, ESP	7	25
Jeio, Prosecco IT	9	36
<b>WHITE</b>		
La Vielle Ferme Blanc, Cote du Ventoux FR	7	28
Giocato Pinot Grigio, Brda SL	8	32
Pratsch Gruner Vetliner, Neiderosterreich AT	8	32
Telmo Rodriguez Basa, Rueda ES	9	36
Treana Blanc, Central Coast CA		36
Le Charmel Rose, Provence FR	9	
Mohua Sauv Blanc, Marlborough NZ	9	
Santa Barbara Chardonnay, SB CA	10	40
Gradis Cuitta Ribola Gialla, Friuli IT		42
Buglioni Il Disperato, Igp IT		42
Graci Etna Bianco, Sicily IT		55
<b>RED</b>		
La Vieille Ferme Rouge, FR	7	28
Marques de Caceras, Rioja ES	9	36
Tahuan Malbec, Mendoza AR	9	36
Vinum Pinot Noir, Monterey CA	10	
Liberty School Cabernet, Central Coast CA	10	
Decendants de Jose Palacios, Bierzo ES		39
Dettori Renosu Rosso, Sardegna IT		42
Chamonix Rouge, Fransshhoek SA	11	44
Caparzo Rosso di Montalcino, IT	12	45
Maeli Rosso Ifinito, Veneto Igp IT	13	46
Pallus Le Pensees, Chinon FR		52
Elk Cove Pinot Noir, Willamette Valey OR		54
Starmont Cabernet, Napa CA	17	64
<b>PORTS AND DESSERT WINE</b>		
Graham's Six Grapes Reserve Ruby, PT	8	
Quinta de Noval 10yr Tawny, PT	10	
Royal Tokaji Late Harvest Riesling, AT	9	
Chateau Laribotte Sauterne, FR	9	