



Whole fresh ingredients, all out in the open, free of the bad stuff and full of zeal.

organic cold pressed juices

	SM	LARGE
RED beet, apple, ginger, lime	6.5	9
GREEN kale, cucumber, celery, lemon, ginger		
ORANGE carrot, pineapple, cucumber, apple, lemon, basil		
JUICE FLIGHT a short pour of our daily juices	8	
CLEANSE SHOT	3.5	

organic smoothies 9

- BERRY GOOD**
mixed berries, banana, mango, pineapple, carrot, cucumber, lemon
- BRASS MONKEY**
banana, almonds, peanut butter, maca, almond milk 🥜
- GREEN ALKALIZER**
spinach, kale, avocado, ginger, chia, cinnamon, dates, with green juice, almond, hemp or coconut milk 🥜
- GOLDEN SUNRISE**
pumpkin, banana, ginger, turmeric, date, cashew, cinnamon, coconut milk 🥜
- MOTHER EARTH**
blueberries, açai, banana, peanut butter, coconut oil, hemp, chia cacao nibs, almond milk (optional: coffee beans) 🥜

add to any açai bowl or smoothie

<u>FRUIT & VEG</u> 2.0	<u>OTHER GOODIES</u> 1.5
banana	zeal granola 🥜
berry mix	cacao nibs
dates	coconut shreds
kale	peanut butter 🥜
pineapple	honey
avocado	almonds 🥜
apricot	ginger
<u>SUPER FOODS</u> 1.5	
chia	hemp nuts
maca	hemp powder
cacao powder	spirulina
flax	Sprouted Living EPIC protein powder -chocolate or vanilla flavor

coffee, tea, & hot drinks

FRENCH PRESS CAFE organic coffees artfully roasted by Boulder's own Silver Canyon Roasters	4
TWO LEAVES AND A BUD TEA an organic selection including:	4
Assam Breakfast - amber color with malty notes	
Tropical Green - whole leaf green	
Energize - orange and pineapple with green leaves	
Detox - earthy rooibos with spice and mixed berries	
Invigorate - lemongrass and mint with a zesty citrus aroma	
Hydrate - herbal blend sweet/tart fruit and mint	
KICKSTARTER COFFEE Silver Canyon Roaster's Sumatra blended with grass-fed butter and organic virgin coconut oil	4
MATCHA LATTE matcha tea, coconut milk, honey	5
SIPPING CHOCOLATE 100% cacao and filtered water with a side of coconut whip and cane sugar to adjust to your taste	4
GOLDEN MYLK turmeric, coconut milk, coconut oil, honey, pepper	5

non-alcoholic bevs

ICED TEA [with a complimentary refill] Regular Black, Tropical Green	4
ARNOLD PALMER 1/2 either of our organic iced teas, 1/2 house lemonade	4
COCONUT WATER a terrific thirst quencher and electrolyte replacer	4
FENTIMANS GINGER BEER spicy and refreshing, also blends so well with our house spirits	4
ZEAL KOMBUCHA organic green tea & honey flavor your kombucha sidecar of ginger, red juice or orange juice for +1	4

açai bowls [ah-sigh-EE] v

	SM	LARGE
BRAZILIAN granola, Brazil nuts, bananas, local honey 🥜	8.5	16
KONA topped with coconut, pineapple, banana, cashews 🥜		
INCA maca, kale, cacao nibs, hemp nuts		
PINEKI swirl of peanut butter, with banana, almonds, honey 🥜		
GRINGO topped with zeal granola, pineapple and berries 🥜		
Or BYOB build it your way with any of our ingredients	6	13



A little bit of tradition
 a little bit of originality,
 and a whole lot of Zeal!

craft beer

Herman Joseph German-Style Lager Sandlot Brewing	7
Chocolate Shake Porter on Nitro Boulder Beer Company	7
Belly slide Belgian White Sandlot Brewing	7
Colorado Red Ale by Black Shirt Brewing	7
Barmen Pilsner Sandlot Brewing	7

signature cocktails

WINTER IN KILLARNEY Bushmills Black whiskey, St. George spiced pear liqueur, orange	10
COOL AS A CUCUMBER Breckenridge gin, dill, cucumber, lemon-lime simple	9
THATS MY JAM Brugal rum, strawberry, blueberry, raspberry, mint, simple syrup, soda	9
DOWN THE RABBIT HOLE St. George Gin, Zeal cold pressed juice, salt n peppa rim	12
BLOOD ORANGE MARG Sauza blue tequila, Solerno blood orange liqueur, lemon-lime simple	9
BEETS ME St. George pear brandy, tropical green tea, beet, ginger, lemon, lime and agave	12
ABOUT POM THYME Jeio Prosecco, pomegranate juice, lemon, simple	10
VAN GOGH MULE Traditional or your choice of 5 vodka flavors, with Fentimans ginger beer	8

wine - by the glass and bottle

	GLASS	BOTTLE
BUBBLES		
Arte Latina Cave, ESP	7	25
Jeio, Prosecco IT	9	36
WHITE		
La Vielle Ferme Blanc, Cote du Ventoux FR	7	28
Giocato Pinot Grigio, Brda SL	8	32
Pratsch Gruner Vetliner, Neiderosterreich AT	8	32
Telmo Rodriguez Basa, Rueda ES	9	36
Treana Blanc, Central Coast CA		36
Le Charmel Rose, Provence FR	9	
Mohua Sauv Blanc, Marlborough NZ	9	
Santa Barbara Chardonnay, SB CA	10	40
Gradis Cuitta Ribola Gialla, Friuli IT		42
Buglioni Il Disperato, Igp IT		42
Graci Etna Bianco, Sicily IT		55
RED		
La Vieille Ferme Rouge, FR	7	28
Marques de Caceras, Rioja ES	9	36
Tahuan Malbec, Mendoza AR	9	36
Vinum Pinot Noir, Monterey CA	10	
Liberty School Cabernet, Central Coast CA	10	
Decendants de Jose Palacios, Bierzo ES		39
Dettori Renosu Rosso, Sardegna IT		42
Chamonix Rouge, Fransshhoek SA	11	44
Caparzo Rosso di Montalcino, IT	12	45
Maeli Rosso Ifinito, Veneto Igp IT	13	46
Pallus Le Pensees, Chinon FR		52
Elk Cove Pinot Noir, Willamette Valey OR		54
Starmont Cabernet, Napa CA	17	64
PORTS AND DESSERT WINE		
Graham's Six Grapes Reserve Ruby, PT	8	
Quinta de Noval 10yr Tawny, PT	10	
Royal Tokaji Late Harvest Riesling, AT	9	
Chateau Laribotte Sauterne, FR	9	